

Because of the rodeo, there was no general meeting in June. This is why the May and June Paddock Papers are combined, therefore, some is old news. —Trish Hug

## **May Minutes and Announcements**

6:30 p.m. - Meeting begins with announcements:

- Need scholarship applicants for the NNMHA Scholarship available to students. Please let anyone you know who might be interested in applying.
- Workday at the NNMHA Arena scheduled for 6/6/10 at 10a.m. Bring your own tools.
- Need volunteers for Rodeo week 6/23 to 6/26 for all shifts.
- Lisa Gordon's Horsemanship Challenge dates: 6/13/10 and 7/11/10.
- Reining competition at NNMHA Arena scheduled for 8/14/10.
- Shelley Green and Alicia Nation are organizing an ACTHA ride for the last weekend of August. Proceeds will benefit Horses for Heroes of Northern New Mexico *and* the New Mexico Horse and Burro Association.
- There will be a Ridge Riders ride scheduled for August, but no specific date has been set yet.
- On 6/5/10 the Back Country Horsemen and American Hiking Society have a work day on the Windsor Trail. There will be free food and goodies provided by REI.
- At the next NNMHA Member meeting the presenter will be Karyn Ogonowski of the Enchantment Driving Society.

6:40 - Shelley introduces this month's speaker, Susan Smith.

## **May Speaker**

Our guest speaker was Susan Smith, an equine practitioner of Ortho-Bionomy, which works with all body systems, not just the muscles. Sessions usually last 40 to 60 minutes. Ms. Smith had four horses at the arena to demonstrate her orthobionomy techniques.

The first horse was a 2 year old quarter horse who has equine protozoa mellitus (EPM), a debili-

tating neurological condition. Susan did her assessment first and determined that the horse's left hind quarter barely moves while walking and the right side has more movement than the left. The neck on the right side was swollen and protruding. She believes the entire spine is affected by the condition. She manipulated the horse (to this observer it resembled acupressure) and "released" the spine and neck. After the manipulation the horse obviously tracked better and was more balanced.

The second horse treated was a 25 year old Missouri Fox Trotter. Susan's evaluation determined that the hips did not move evenly – left side rises more than right, some dipping. Some atrophy on the right side, which is normal for a horse that age. Right hindquarter tighter than left. Released right side. The horse started licking his lips, which Susan said was a sign the the horse was "releasing." Again, after her treatment, the horse seemed much more relaxed and his movements were more fluid.

The third horse was a 7 year old mustang with no particular issues. The horse entered the arena and was very active. The goal was to get the horse to relax. Susan's evaluation revealed that the horse's hip height was uneven. She released the neck and head, and after the treatment the horse was very much more relaxed, and the hips evened out.

The fourth and final horse was a 10 year old who had arthritic fetlocks. Susan evaluated the horse and determined he didn't want to step on his heels. The coronet band should be nice and firm,

- Monthly meetings are held the *last* Wednesday of the month (excluding June, September and December) at the RealBurger restaurant, 2239 Old Pecos Trail, at 7 p.m. Speaker begins at 7:30 p.m. For more info contact Trish or Betsy.
- Board Meetings are open to the general membership and are the *second* Wednesday of the month. Meetings will be held at the NNMHA "office" except during the winter months where we'll meet at the RealBurger restaurant.

but this horse's was soft. She stated that she would try to increase circulation with manipulation. After her manipulation, she felt the coronet band and felt it had become more firm. The horse's owner felt the coronet band too, and agreed that it was firmer.

Ms. Smith's presentation was very informative and, with everyone observing, was obviously effective as well. Every horse came out of the arena much more relaxed and we were all able to observe the improvement in each horse's movement post treatment..

For more information, go to Susan Smith's website www.susith.com/orthohorse —*Phillip Bachicha* 

## **Calendar of NNMHA Events**

July 11 – Horsemanship Challenge at the NNMHA arena

July 24–25 – Ridge Riders overnight trail ride at the Caja del Rio.

July 28th – Karyn Ogonowski from the Enchantment Driving Society will give an overview of carriage driving, a sport for all ages. Driving is something any horse person can take up even after they are older and perhaps cannot sit a horse to ride as often. Driving allows for the idea that we can be 80 and still be going strong with our beloved horses. Karyn will also let us know about the many clinics EDS will be offering this year, from beginners to a Combined Driving Event which includes dressage, cones and obstacles.

August 25th – Rick Iannucci, Director of "Horses for Heroes – New Mexico, Inc.", a unique horse therapy program based in Santa Fe, NM, free to veterans and active military who have sustained physical injuries or combat trauma during their time serving our country. Find out more about their program "Horses for Heroes – Cowboy Up" at www.horsesforheroes.org

#### **Ridge Riders**

On May 16, five riders met to cross San Felipe property and ride eight miles on the Ball Ranch BLM Allotment. We dropped into a narrow rocky wash, walled by impressive sandstone(?) formations, which then opened into a wide sandy arroyo bordered by rolling hills speckled with flowers. Several detours down smaller arroyos took us to a box canyon, to ground littered with petrified wood, and to a grassy bowl where we stopped for lunch. We even found a small marsh with water for the horses. The ride provided some adventurous terrain along with easy walking and trotting in deep sand. Thank you Gus, for this new riding location. (See more pictures from that ride.)



June was entirely too busy for a trail ride, with the first Horsemanship Challenge show, and the rodeo stall rentals.

July is another matter! The first overnight ride has been scheduled for July 24 and 25. Shelley Green will be hosting a Competitive Trail clinic Saturday morning beginning at 10:00, covering ACTHA as well as NATRC. The clinic will take about four hours. At the end of the clinic will be a 5 - 7 mile ride open to all. NNMHA people can come out any time after 2:00, set up their camp and go out on this short ride, marked with ribbons so they do not get lost. We can have a POT LUCK dinner in camp Saturday night.

Sunday morning we will ride out around 8:30 or 9 *before* it gets too hot. We will ride the East Canyon Trail. This is a 13 mile ride covering varied terrain – rocky river bottom smooth round rocks. (Shelley rides her barefoot horses on this with no problems.) There is a good steep hill to climb but once on the top there are EXCELLENT VIEWS! We will ride across the top & back into camp. Ride time 4 - 5 hours. This is range land and there will be cattle out while we are riding. There is horse water but no people water. If people want, we can do a second shorter loop of about 9 miles after the east canyon loop. All three trails we ride will be the one we ride on Saturday evening.

We request that you sign up with Gus at 424-9924 or flanitsa@yahoo.com so he'll know how many riders to expect, and so he can contact you should the ride be cancelled. Make certain you read the ride rules and suggestions online at www.nnmha.com/RidgeRiders.

# **Other Equine Activities**

Go to Other Equine Activities on the NNMHA website to read full descriptions of upcoming events.

## Lynn Clifford Ground Schooling Clinic Series

Better your relationship with your horse, both on the ground and ultimately in the saddle.

#### July 17 – Longeing Clinic (second of three)

Various applications and benefits of longeing. Different types and uses of equipment, and more!

# August 21 – Ground Driving Clinic (third of three)

Ground driving is a fantastic introduction, alternative and/or addition to mounted work.

Participant \$175. Coggins and health papers required.

See flyer for complete information. To register, call 505-231-5353 or email lynn@lynnclifford.com

#### **Competitive Trail Clinic** July 24

Shelley Green will be hosting a clinic on July 24, beginning at 10a.m. and lasting about four hours. Riders \$50, auditors \$25; lunch is furnished for clinic participants. We will cover many aspects of competitive trail riding – both ACTHA and NATRC: conditioning of the horse and of the rider; mental toughness; how to camp safely with horses for those overnight trips. Following the clinic there will be a short ride of about 5 - 7 miles. With this clinic being held one month before the August 28 ACTHA ride, it will give everyone time to prepare for the competition. To sign up for the clinic e-mail showdoggal@msn.com or call 505.793.5417.

**The Lincoln County Pony Express Trail Ride** Hosted by the Lincoln County Sheriff's Posse **August 4 –7, White Oaks to Lincoln, New Mexico** The ride is a unique way for riders to experience three days of riding and three nights camping out in the open beauty of New Mexico. The evenings are spent around a campfire after a great grilled meal. Each rider carries the mail for part of the ride. The ride concludes in Lincoln with the optional participation in the annual Lincoln Days Parade down the main street.

www.lincolncountysheriffsposse.org

## Donkey & Mule Association's "Meet a Mule Day"

August 8 - at NNMHA grounds

Sign up: 9:30 to 10:00

Classes and/or exhibits will begin at 11:00 and run until 3:00.

Obstacles and flat classes will use different arenas. Obstacle courses will be available the whole time the show is going on.

All Long Ears, minis and horses are welcome to join us.

Classes/exhibitors will be divided:

- Shown in hand
- Beginner
- Advanced
- Driving

See Meet A Mule Day flyer for all details.

## **Ginger Gaffney Clinic**

August 27 – 29, 8:00 a.m. – 5:00 p.m. daily A seminar on "Balance and the Horse" Twin Willows Ranch, Ocate, NM (near Wagon Mound) See Other Equine Activities – Page 2 for flyer. Contact Lorraine or Eric Werner for clinic information: (h) 575-666-2028, (c) 575-779-9226 lorraine@twinwillowsranch.com

#### **ACTHA – Come Ride the Caja!** August 28

ACTHA ride in Santa Fe New Mexico August 28th is now open. Follow this link to register: http://www.actha.us/index.php?option=com\_associ ation&view=guest&area=rides\_events&state=NM &sortby=date&max\_show=100&task=view\_ride&ri de\_id=692Saddle



#### **American Stock Horse Competition** Saturday, August 28

One day competition (no clinic) to be held in conjunction with other county fair events and activities. Horsemans Arena at Valencia County Fairgrounds in Belen, NM

Contact Troy A. Rogers @ 505-269-7318 or Diana DeBlanc-DVM @ 505-804-1846. Complete class rules and regulations are available at www.americanstockhorse.org

*Current Coggins and Health Papers will be required and checked...no exceptions!* 

## Mark Russell Clinic

September 8 – 10, 8:00 a.m. – 5:00 p.m. daily A seminar on "Natural Dressage" Twin Willows Ranch, Ocate, NM (near Wagon Mound) See Other Equine Activities – Page 2 for flyer. Contact Lorraine or Eric Werner for clinic information: (h) 575-666-2028, (c) 575-779-9226 lorraine@twinwillowsranch.com

## **Dressage Clinic**

#### September 13th - 15th

Dominique Barbier, French Classical Dressage author and clinician who emphasizes lightness and self-carriage, will be teaching in Santa Fe. Open to all breeds and level riders; auditors welcome. Email Lynn@lynnclifford.com or 505-231-5353 for more information.

Lynn Clifford, MA, EAGALA II Holistic Horsemanship & Classical Dressage for All Disciplines

www.lynnclifford.com

• 2010 Clinic Series • Equi Study Groups • Lesson Horses

## **Advertisements**

Classified ads for the Paddock Paper and the website are free for members. Non-members can advertise for \$10 per listing, per month, so go ahead and join for free listings. Email text and pictures (JPEG) to trish\_hug@hotmail.com. Member ads run for two months unless I'm notified otherwise.

## For Sale – Purebred Arabian mare

Lady Kontesa, 5 years old and 15 hands. Endurance prospect or pleasure trail. Strawberry roan. Green broke. See my website at www.eldinarabianstud.com for photos and videos.

Patricia Vincent 216-6008 6/1

## For Sale – 15yr old AQHA Mare

Sorrel with great bloodlines. She must have an experienced rider and can only go to a home with another horse. She loads great, stands for farrier and loves to be groomed; she does really well on trails. I just don't have the time to ride her as much as she needs. I am selling her for \$2000.00 but price is very negotiable for the right home. Amy Miller 505-690-8850 <sub>6/7</sub>

## For Lease or Half-Lease

21-year-old Arab gelding, retired endurance horse with a lot of go, needs an experienced rider for a half-lease or lease situation. He is a real experienced pro on the trails and has a can-do attitude and huge personality. He has carried a junior rider through three endurance rides and has altogether almost 1700 competition miles. I've owned him for 14 years and just want to see him get exercise with someone who appreciates him. He can be ridden at my place which has trail access and an okay arena. He is a very special guy and I will manage his extra needs. Call Susan at 505-983-2128 or susith@aol.com 6/7

## For Sale: Miniature Horse Stallion

Five year old registered miniature horse stallion. Great bloodlines, confirmation, temperament. \$900 or best offer. Call Kendra Werner – 505-306-1511 7/7



#### For Sale: 16.5" Tennessean Deluxe Saddle



Well cared for, well-made, used but in great condition.

- Made on National Bridle's (National Bridle Shop) Exclusive Gaited Horse Tree
- Shorter, rounder skirt is non-restrictive allowing the horse to use the natural driving action of its rear end
- Higher gullet, will not interfere with animal's head carriage and natural nod
- 3 1/2" Cantle

The Tennessean saddle is designed to fit the Tennessee Walking Horse and today's gaited horses. It is made of select domestic saddle skirting richly finished. Basket weave tooling. The Equi-fit steele tree has the exclusive performance horse bars. Front is 8 1/2" high for extra clearance, cantle is 3 1/2" high to allow easy mounting and comfortable seat. Stainless steel double C rigging in 7/8 position has a rein slot for optional flankset. Skirts are 26" long and saddle fleece lined. Weighs approximately 30

## Officers

President: Trish Hug trish\_hug@hotmail.com Vice President: Betsy Walker nnmha@cybermesa.com Secretary: Phil Bachicha phizb4@aol.com Treasurer: Lori Daggett mldpac95@msn.com Grounds Manager and Adjunct Board Member: Shelley Green showdoggal@msn.com Ridge Riders Manager & Adjunct Board Member: Gus Jolley flanitsa@yahoo.com Newsletter Editor & Webmaster: Trish Hug trish\_hug@hotmail.com lbs. Cost New: \$1099. Asking \$750.00 Contact: Sarah Hebert at 505-699-4324 or email abears.sdgs163@gmail.com 7/7

## HORSES FOR HEROES – Northern New Mexico Invites You To Join Us

Members of NNMHA have been generous enough to ask what they can do to help Horses for Heroes Northern New Mexico, which has sessions at the

NNMHA arena on Rodeo Road. We greatly appreciate the support of the club. For those of you who'd like to come to a session to see what we do, we'd love to have you come and participate by sharing some of your horse knowledge with us. If you have a special piece of tack or a tool that you particular-



ly like, bring it along and share your knowledge. If you have a skill that you'd like to demonstrate, such as trimming and filing hooves or a certain training technique, we'd love to have you. For example, we have someone coming to do a dressage demonstration. All of us can gain from the wealth of horsemanship knowledge that we have to share. To insure the privacy of the veteran and because this is the veteran's time, please contact us and we'll get permission from the veteran and set up a session that you can attend. If you are interested in training as a volunteer to help with sessions on a regular basis, please contact either Gus Jolley (505) 424-9924; horsesforheroes@yahoo.com or David Mead (505) 470-2917; dcmead@earthlink.net. For more information about the program, please visit our web site at www.horsesforheroesnnm.com.

## **Membership**

Memberships are \$20/individual and \$25/family (max. 5) and are valid from January through December. Download an application at www.nnmha.com – click on membership. Print, sign and send with a check to NNMHA, PO Box 4124, Santa Fe, NM 87502.

Your NNMHA membership card entitles you to receive the Paddock Paper, free classified ads, reduced fees for shows and stall rentals, and the use of the facilities on Rodeo Road (schedule permitting). Only members are allowed to ride on the grounds (except for shows or by rental agreement). Call Barbara Rogers, 24-hour caretaker to arrange for stall rental 471-6654.